



Living Care

RETIREMENT COMMUNITY

RETIREMENT APARTMENTS: LIVING COURT • LIVING VIEW • GABLE VIEW • VALLEY VIEW • SENIOR VIEW • COOK

Nov. 16, 2020

Dear Residents,

In light of the new guidelines published by Gov. Inslee, and the cases of COVID that we have on our campus at present, we are going to need to take some further action to keep staff and our residents safe.

Grocery bus:

- The grocery bus will not be operating until further notice. This was already cancelled temporarily due to Wayne (our bus driver's) scheduled vacation. We will re-asses starting back up at a future date. If you need groceries, please contact Heather at 853-1850 for a grocery order sheet. We still have a relationship with Wray's and they graciously put together resident orders for staff to pick up and deliver.

Courtesy Car:

- Our courtesy car service is also cancelled until further notice. Please make other arrangements with family, Dial-a-Ride or even a taxi for necessary trips off of campus. Please limit trips off campus to what is absolutely necessary to reduce your potential for exposure to the Coronavirus.

Other Pickup:

- Other services such as prescription pick-up, Shipping Shop drop off, etc, will be dependent on staff availability. Please have back-up options for these services.

Fitness Classes:

- Under the Governor's new guidelines, indoor fitness classes are not allowed. As such, and given we do have active cases of COVID on campus, we are cancelling our fitness classes.

Chaplain's Devotionals:

- We will continue to hold chaplain's devotionals. However, we will implement a temperature check and screening of each participant before the session begins. These continue to be only 5 residents at a time.

A Nonprofit Organization Dedicated To The Care Of Our Senior Citizens

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Visitors:

- The current guidelines from our Governor ask that there be no indoor visits with anyone outside of your immediate household unless all parties have quarantined for 14 days prior to the visit, which isn't realistic for most people. At least for now, we will continue to allow up to 2 visitors to come to you per day. We'd ask that those visitors be from the same household (as in a son and daughter-in-law).
- I must strongly urge you to limit your visits to only necessary ones and utilize other means of connecting with loved ones as much as possible. We recognize there is an emotional component to the necessity of these visits and want to allow this in as safe a manner as possible.
- Please remember to remind your family who may visit that they need to come straight to your apartment, wear a mask at all times and not linger or stop in any public areas of your apartment building. Please only invite loved ones in who are taking safe precautions in the community and are a low risk (as much as we can control) for bringing infection into your apartment. This is critical for us to continue to allow visits.

"Quarantine":

- I'm getting a lot of questions about our current "quarantine". Let me try to clarify our current expectations. We now know that 2 people in the Gable View building have tested positive for the Coronavirus. As such, people who live in or have visited with residents from Gable View MAY have been exposed over the last couple of weeks. As such, we are strongly encouraging these residents to stay in their apartments as much as possible and avoid gathering in groups. This does not mean that you cannot leave your apartment at all. However, if you leave to check your mail, or do your laundry, or go on a walk, please use great care to wear your mask properly and keep distance from other residents at all times. Please monitor yourself for any symptoms that could indicate you've contracted COVID (loss of taste/smell, sore throat, shortness of breath, congestion, nausea or vomiting, etc). We are all aware that these symptoms could be the common cold, Influenza or even seasonal allergies. However, since we know there has been exposure potential in the building, if you experience any of these symptoms, please do remain in your