

Let Go and Let God

I have heard this statement many times. It seems to be easier to say it to someone than to actually apply it to ourselves. To live this saying out it takes a sure and steadfast faith in God. Years ago, in my Junior High Sunday school class the teacher had us participate in an active exercise in faith. We were to stand on a chair and then fall back (without looking), into the hands of our fellow classmates. Together we caught several students and no harm came to them. It looked like no big deal until *I* was the one who stood on the seat of the chair. The chair was rather tall and caused my six-foot frame to extend to nine feet. I wanted to look behind me first to make sure that my friends were really there, and more importantly, ready to catch me! The teacher wouldn't allow it and told me I just had to trust. I started to lean backwards and then got to the point of "no return." I was going to fall and there was nothing I could do about it. Thankfully, I was carefully and safely caught, but I remember what I learned from that to this day.

That experience reminds me of a wonderful Bible verse in the Book of Proverbs. "*Trust in the Lord with all thine heart; and lean not unto thine own understanding*" (Proverbs 3:5). If I can trust a few unseen Junior High kids to catch me from falling backwards, I can certainly trust Almighty God. Many times in life it feels as if we are "leaning," and at times we can be afraid that we might fall. And yet, God is always there, to do the right thing, in the right way, at the right time. There are those times in life where we hit the point of "no return." We realize that we are in a situation that we can do nothing about. What we give over to God we can have peace about. Even the "*peace that passes understanding*." Some people say: "Well, if I can't even understand it why should I think about it at all?" We may not **understand** the peace that passes understanding, but we sure can **experience** that peace. Let go and let God, and enjoy the wonderful peace of God that results from faith in Him.

You all continue to be in my daily prayers, love in Christ,
Chaplain Todd

