

Dear Families,

The following information was not delivered to every resident. It was only delivered to residents who after a previous letter and inquiry reached out to us to sign up for exercise classes or a drive outing. In addition to that, the chaplains provided us with a list of residents who have previously attended their Bible studies or chapel services and they received the attached information.

If your loved one did not receive this information and would like to be a part of a Chaplain's devotional, a drive outing or an exercise class, please reach out to our Activities Director, Jennifer Vimont, at 965-5278.

Thank you!

What's Happening This Week

We are happy and excited to be offering some group activities starting on Sunday, June 14th.

As always, we are committed to keeping you as safe as possible from the Corona Virus. Therefore, the planned activities will be limited to a maximum of 5 residents at a time and by building. We will also require all residents participating in activities to fill out an Activity Participation Questionnaire prior to participation. (see attached) Answering yes to a question on the form will not immediately exclude you from participation, but may require some follow up questions prior to participation.

If you are receiving this communication it is because you recently signed up for an activity. We are in the final planning stages of our preparations for these classes:

- Exercise

- Drive outings

- Chaplain's Devotionals – list of attendees provided by Chaplains

We will be adding more in the coming days / weeks! (Max groups of 5 by building)

- Putting Green

- Sing-alongs

To attend the above-mentioned activities, you will need to have filled out the Activity Participation Questionnaire in advance. Please do not delay! Get them in as soon as possible.... by end of day Thursday, June 11th.

We are happy to introduce Ellen McIlvanie as an additional Fitness Instructor. Some of you may know her from the Harman Senior Center. She has been teaching there for several years. Gale, Ellen and Ange will be leading the many exercise classes it will take for everyone to have 3 classes per week. Fitness groups have been established (maximum of 5 residents) per building, utilizing the Functional Fitness tests that were administered earlier this month.

We look forward to serving you again!

Please reach out with any questions: Jennifer 965-5278

Activity Participation Questionnaire

Please return to Jennifer Vimont in the Resident Services Office

Return by Thur. June 11 in order to start activities on Sun. June 14

Name: _____ Date: _____

Apartment Building: _____ Apartment #: _____

Do you now have or have you in the past 14 days experienced any fever, respiratory symptoms, sore throat or cough?

Yes No

If yes, please explain: _____

Have you left the campus for any reason or length of time in the past 14 days?

Yes No

Date(s): _____

If yes, where did you go?

What precautions did you take in order to prevent exposure to COVID-19?

In the last 14 days, have you had any contact (on or off campus) with a person who was not a Living Care resident or Living Care staff member, even at a moderate distance, even wearing a face mask (ie: caregiver, delivery person, family member dropping off supplies, etc).

Yes No

If you answered yes, please explain: _____

If approved, do you commit to notifying the activities office if any of the above answers going forward are "yes" for re-consideration prior to participating in any group activity? Yes No Signature: _____

Thank you. We will contact you soon with any further questions or clarifications and to confirm your eligibility to participate in upcoming activities.