



# *Living Care*

RETIREMENT COMMUNITY

RETIREMENT APARTMENTS: LIVING COURT • LIVING VIEW • GABLE VIEW • VALLEY VIEW • SENIOR VIEW • COOK

May 4, 2020

Dear Residents,

We can celebrate one more week with no COVID-19 cases on our campus! We are very thankful for this. I'm sure many of you either watched Gov. Inslee's address on Friday or you are reading about it in the newspaper. His plan in summary states that we are not out of the woods yet and things will open up slowly. For the vulnerable population (which includes senior communities), things will open the slowest.

I do want to encourage you that our staff is keenly aware of how difficult this time is for all of you and your families. We are very aware of the mental and physical decline that relative isolation can cause. As such, we are actively and on an ongoing basis considering what types of activities we can offer on campus that will support resident physical and mental well being, while still honoring our "stay home – stay healthy" guidelines, proper social distancing and sanitation protocols. Please keep in mind that when the time comes that we do offer some sort of small group activity (for instance, a small fitness class with social distancing), we will likely have a requirement that only residents who have truly isolated / socially distanced take part in those activities.

One of the questions we are hearing the most is "when can we go to the salon?" In the Governor's plan, it looks like salons will not open until June at the earliest. Rest assured that we are prepared to offer salon services on campus again as soon as we can legally and safely do so.

As a reminder, it is still recommended that people wear a mask when outside their home. We are seeing more and more people enjoy walking on our campus, which is highly encouraged! However, we are witnessing a lot of people congregating, not wearing a mask and often not social distancing. If you do not already have access to a mask, resident services will provide you with one. Many if not all of our activities on campus will require that you wear a mask to participate (such as the Mother's Day parade this coming Friday). We recognize that it's difficult to breathe wearing a mask while exerting yourself (such as on a brisk walk). However, we would ask that everyone going on a walk take a mask with you. While you are walking alone, you may carry the mask. However, if you encounter friends and stop to visit, we'd ask that you put your mask on and honor social distancing guidelines (at least 6 feet between each individual).

Thank you for all of our prayers, encouragement and cooperation. We are here to serve you and appreciate every one of you.

Thank you.

Eva Lounsbury

*Director of Resident Services*

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A Nonprofit Organization Dedicated To The Care Of Our Senior Citizens

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